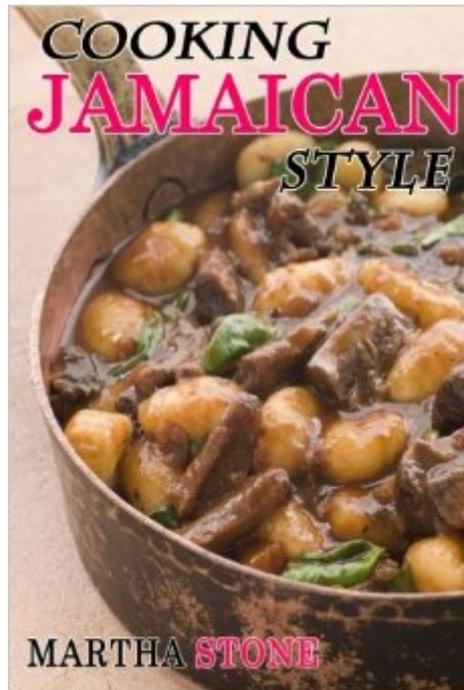


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# Cooking Jamaican Style: 25 Slow Cooker To Table Delicious Recipes



## Synopsis

This book is a delicious gathering of the best Jamaican recipes there are. All of these recipes are made in the slow cooker so the meat is sure to come out tender and also melt in your mouth. All of these recipes do not take a lot of time to prepare meaning you can still live a busy life without having to sacrifice a home cooked meal. You will enjoy the different recipe explorations from oxtail stew to jerk chicken and everything in between. Loosen your belt and get ready for a filling meal.

## Book Information

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Average Customer Review: 3.6 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #1,236,946 in Books (See Top 100 in Books) #53 in [Books > Cookbooks, Food & Wine > Regional & International > Native American](#) #1396 in [Books > Cookbooks, Food & Wine > Cooking Methods > Slow Cooking](#) #3573 in [Books > Cookbooks, Food & Wine > Kitchen Appliances](#)

## Customer Reviews

If you want authentic Jamaican recipes, this is not the book for you. Not even one of these recipes comes close to real Jamaican cooking; and the fact that the author uses the word "Jamaican" in her book title, as well as the titles of the recipes, is duplicitous to say the least. I grew up in Jamaica and I don't recognize any of these recipes as being "Jamaican".

This is a cookbook with Jamaican crock pot recipes and for that I will give it 2 stars. The 3 stars missing are for the lack of pictures, the old look of the book, the pages are yellow and cheap paper. It just looks old and cheap and I bought the book new. It was very disappointing. I bought this as a gift. It is not a good gift bc it looks very cheap.

The recipes in this book are excellent. All of the ingredients can be found in the local supermarket. I cook with my slow cooker often and I plan to try all 25 recipes.

Incredibly simple to make delicious recipes . It helps to have someone write this who is so passionate about the cooking.

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